

Director's Report



2nd Quarter 2005

"Promoting Community Justice in Belknep County so that children and families can live with dignity and respect."

HIGHLIGHTS

This issue of the Director's Report provides updates on several initiatives the Council has been working on over the past several months. It introduces new activities and events that continue to support the development of community justice through prevention, balanced and restorative justice, and community development strategies throughout Belknep County. And, it recaps a growing list of interactions with communities, organizations and individuals that support the mission of the Citizens Council. We invite the reader to contact the Council for more information and how to become involved in the many opportunities to engage with communities in support of children and families.

INITIATIVES

The [Belknep County Mentoring Initiative](#) held a kick-off event on April 6 at the Winnepesaukee Expo. Center. Nearly 80 people attended to hear speakers and mentors of The Friends Program's Junior and Senior Friends program in Concord. Personal testimonies by both mentors and their young mentees, made the evening enjoyable, informative and assisted in developing follow-up contacts for recruitment and training. Mentors are needed throughout Belknep County and the Citizens Council is committed to assisting in this effort. We would like to acknowledge Council members Katy DeCarteret, Kevin Washburn and Leo Sanfacon for providing organizational effort for this event and Kevin Washburn and Christie Corrigan for venturing to become mentors themselves! For more information on how to serve as a mentor or interest in hosting a recruitment gathering for others, please contact [The Friends Program at 228-1193](#).

The [Parents As Leaders in Society \(PALS\)](#) series will be offered again this fall. The Citizens Council is extremely pleased to have this successful series be coordinated by [UpStream and the Lakes Region United Way](#). The Citizens Council will continue to provide a facilitative role but the logistics and recruitment will be handled, in part, by UpStream with the talents of many of last year's PALS graduates who will put their new skills to good use. For information on how to register for this series and to obtain application materials, please contact [Judi Taggart at UpStream/United Way 524-6864 , ext 104](#).

The [Underage Drinking Task Force](#) has been busy with several activities. Under the leadership of CoRe Director, Renee Rockwell (279-6162) and Outreach Coordinator, Shannon Swett (875-3800), bimonthly meetings of [Prevention Coordinators](#) in Belknep County convene to coordinate activities, plan events and share experiences with successful prevention strategies. Project Monitor is one strategy which has come to fruition as a result of convening this group. Project Monitor is a collaborative with CoRe, the Citizens Council, Belknep County Sheriff's Office, Laconia Police Department, Inter-Lakes and other school districts and other prevention coalitions such as the Safe Schools Coalition of Winnisquam Regional School District. [Project Monitor](#) is an anonymous tip line for preventing accident and injury as a result of under-age drinking parties. Anyone who is concerned about such dangers are encouraged to call the tip line at [527-0021](#) or use the web-based address www.projectmonitornh.com to report a pending, or in-process, party

involving under-aged persons. Health and safety first can save the life of a loved one!

An additional offshoot of the Prevention Coalition, led by the Citizens Council through the [Center of Civic Engagement](#), is a multi-part televised series on under-aged drinking. The first segment of this series, to be resumed in the fall, was taped on May 12 and featured Jennifer Wheeler of [New Futures](#) (<http://www.new-futures.org>) , Ann Duckless of [NH Teen Institute](#) (<http://www.nhteeninstitute.org>), and Bob Champlin, Superintendent of [SAU #30](#) (<http://www.laconia.k12.nh.us>). This first session covered the scope of the problem of underage drinking in Belknap County and New Hampshire. We wish to thank Denise Beauchaine and Colleen Cass of [LRPA-TV](#) and the staff and students of the [Laconia High School multi-media program](#) for their assistance in the production of this series.

The [Balanced and Restorative Juvenile Justice](#) work group (BARJJ) has made significant progress this quarter. Returning from a national training program in South Carolina in January, Council member Andre Paquette has led a data committee in the formulation of performance measures which our juvenile justice providers and state probation and parole department have endorsed and field-tested. By constructing a “case closing” process, certain performance measures will now be tracked and reported to the public by way of [Community Report Card](#), hopefully in early part of 2006. Additionally, good progress is being made by a victims’ issues subcommittee of the BARJJ work group. Council members Peter Michaud, Gil Schohan, Leo Sanfacon and Richard Moed, along with Andre Paquette, convened a victims’ focus group to learn firsthand about what needs to be built into the system to support victims of juvenile crime. This session was extremely informative and will direct the Council’s efforts in more responsive ways which include the development of a victim guidebook, satisfaction surveys, and the like.

The [Asset Based Community Development](#) workgroup (ABCD) continues to meet monthly to determine ways to connect youth involved in the juvenile justice system with “pro-social” community activities. Pro-social activities are those experiences that connect youth to their communities in ways that provide safe fun, build competencies and develop an appreciation of the opportunities that exist within one own community that serve to deter unhealthy and high risk behaviors. This group meets monthly and all interested parties are welcomed and encouraged to participate. We wish recognize Council member Christie Corrigan for her leadership in convening this group over the past several months.

The [Prevention](#) work group, under the able leadership of Council member Ruth Castonguay, has been quite involved in several projects. This group is responsible for the oversight of this year’s Recovery Month initiatives, assisting in the development of a local chapter of FOR-NH ([Friends Of Recovery](#)), overseeing the Addictions Task Force, and many other activities related to prevention.

Please call the Council at 528-3185 for information on meeting times and places for any of the above referenced groups. All interested parties are invited to participate.

COMMUNITY PROFILE

With support from the Citizens Council, the [Barnstead Community Response Team](#) (CRT) conducted a Community Profile on May 6 and 7. This day and a half event was facilitated by the [UNH Cooperative Extension Services](#) and several subcommittees have

since been formed to provide follow-up response to the priorities selected by citizens attending the profile. For a referral to the Barnstead CRT, call the Council at 528-3185.

ON THE HORIZON

Be watching for the results of the [Community Youth Mapping](#) initiative led by CoRe. This summer, over twenty youth will be employed part-time to participate in an exciting community mapping initiative that will, for the first time, give the county a reference for where and how local establishments can support the development of our youth. Through this mapping activity, our youth will become aware of vocational, educational and social experiences available to them in communities throughout the county. Working closely with the UNH Cooperative Extension Services on a statewide basis, system software licensure will be obtained to enter data and plot GIS maps that identify the location and offerings of the sites entered. While this project will only begin to scratch the surface in mapping all potential resources, we hope that this activity will become an ongoing process through school-based initiatives and integration within curriculum, after-school projects, collaboration with businesses and other such ongoing relationships that support youth in their community. For more information on this project, contact Renee Rockwell (279-6162) or Shannon Swett (875-3800).

Another exciting partnership that will benefit a select number of youth this summer is between [CoRe](#), the [Teen Center](#) in Laconia, the Citizens Council and the [New Hampton School](#). Up to ten youth will share a multi-media experience and assist in the design of a public service announcement to complement the underage drinking initiative mentioned previously in this report. Morgan Murphy of New Hampton School has instrumental in opening the doors for this unique program tailored especially for youth of Belknap County. Five day-long sessions will expose youth to the “How To’s of media and film production centering on the theme of substance abuse among youth. Our thanks to Council member Richard Moed and his son Alex for bringing this possibility to our attention; to Diane Zawacki for enthusiastically matching youth from the Teen Center to this unique opportunity; and to Renee Rockwell and Shannon Swett again for creatively applying their resources for the enhancement of pro-social, prevention activities for our youth throughout Belknap County.

Please be aware of the new [Child Advocacy Center](#) (CAC) in Belknap County. The State Attorney General’s initiative has been spearheaded by the County Attorney’s Office through the efforts of Lauren Noether and Barbara Belmont. The CAC will have a tremendous impact on the treatment of abused children. The Council purchased an initial supply of “Prevent Child Abuse” and “Keep Kids Safe” wristbands as a fundraising activity in support of the CAC. We wish to acknowledge Council members Katy DeCarteret and Alida Millham for their contributions to the task force convened by the County Attorney’s office. If you wish to obtain a wristband for yourself, or wish to assist in the promotion of the CAC, please contact Barbara Belmont at 527-5440.

PRACTICUM COMPLETED

We wish to recognize and thank [Michelle Ribeiro](#) for recently completing a practicum study with the Council, through the New Hampshire Technical College/Laconia. Michelle compiled a directory of resources and contacts throughout the county that will be useful to providers who look for local contacts with whom to create community service opportunities for youth. Secondly, Michelle interviewed ten youth at the Teen Center in Laconia to get a sense of their perceptions on community valuing youth and the like (see attached survey compilation).

Michelle works for the Lakes Region Community Services Council as a vocational manager for people with developmental disabilities. Her compassion and interest in this practicum was most welcomed and will benefit our community long into the future. Thanks Michelle!

SAVE THE DATES

The 3rd [Annual Convocation on Children and Families](#) is scheduled for January 24, 2006 with a snow date of January 26, 2006. This event was well attended last year with 250 people present for the festivities. Next year's event promises to equal last year's and will continue to focus on youth involvement. Judy Buswell of the Citizens Council is coordinating the planning effort again this year and has an outstanding group of participants representing a broad constituency to make this event one not to be missed. We have again secured the Winnepesaukee Expo Center, in Lakeport, for the Convocation. For further information and inquiries, please contact Judy at 528-3185.

COMMUNITY OUTREACH

During the past quarter, the Executive Director participated in the following events as requested by our community contacts:

- 4/7 Belmont Community Organizations Forums – Facilitator
- 4/29 St. Anselm's Institute on Politics – Presenter
- 5/4 New Hampshire Children's Trust Fund Summit – Presenter
- 5/6 & 7 Barnstead Community Profile – Group Facilitator
- 5/12 LRPA-TV Underage Drinking Series – Moderator
- 6/9 Community Drug Awareness Forum - Moderator

SENIOR EXECUTIVES IN LOCAL AND STATE GOVERNMENT

Alan Robichaud, Council Executive Director, recently completed the [Senior Executives Program at Harvard University's Kennedy School of Government](#). This incredible opportunity was made possible by the Caroline Gross Fellowship through the [New Hampshire Charitable Foundation](#). Deepest appreciation is extended to the Charitable Foundation, the [Citizens Council](#) and the [Belknap County Commissioners](#) for making this opportunity available. Their thoughtful consideration is most appreciated. A separate report on this experience will be forthcoming and posted on the Council's web site.

WORDS TO LIVE BY

“The hope of leadership lies in the capacity to deliver disturbing news and raise questions in a way that people can absorb, prodding them to take up the message rather than ignore it or kill the messenger.”

*Marty Linsky and Ronald Heifetz
Leadership on the Line...Staying Alive through the Dangers of Leading*

Respectfully,
Alan Robichaud
Executive Director

Community Survey

Anonymous Opinion Survey
Thursday, May 12, 2005
Laconia Teen Center

Conducted by: Michelle Ribeiro

What town do you live in?

1. Laconia
2. Laconia
3. Laconia
4. Laconia
5. Laconia
6. Laconia
7. Laconia
8. Laconia
9. Laconia
10. Laconia

How long have you lived there?

1. 7 years
2. 5-6 years
3. 6 +
4. 11 years, born here
5. About a year, lived in Alton about 6 years, born in MA
6. Born here
7. 12 years, born in Hanover
8. 5 years, born in Meredith
9. 10-11 years, born in O.K.
10. 10 YEARS, born in Sacramento, Cal

Age:

1. 14
2. 15
3. 15
4. 12
5. 14
6. 13
7. 14
8. 14
9. 13
10. 15

Gender:

- | | |
|------|-------|
| 1. M | 6. F |
| 2. F | 7. M |
| 3. M | 8. M |
| 4. M | 9. M |
| 5. M | 10. M |

1. What does “community” mean to you?

1. A place where bunch of people live and kids go out and do stuff hopefully people who don't do drugs. It would be better and would be nicer if drugs weren't there.
2. Like, more my surroundings, places I go.
3. Everybody together as one, working together, helping to raise money like for the library. When cheerleaders were going to nationals, everyone helped out. “Togetherness”
4. It means helping sharing, involvement, giving to others, communication. Everybody thrown in together, need to connect. In school you need to share
5. People getting together, kids and adults
6. Laconia
7. The Teen Center because at my home I'm always on my own, not around anybody. Here you can be your own person and they won't judge you. Everyone gets along. Preps/Goths don't get along in school, but they get along here at the Teen Center.
8. Friends, family, nice place. Place where I know people and people aren't rude to every body else
9. A large group of people working together to make the world a better place.
10. A lot of people... I read a book called “The Giver”...it's a controlled group of people controlled society.

2. What do you do (or like to do) in your spare time?

1. Play street football, basketball, come to the Teen center, baseball, video games and golf.
2. I don't have a lot of spare time, go home and do homework, be with my friends, walk around and go to stores. I usually do things later at nights or on weekends.
3. Come to Teen Center, watch TV and play Playstation, hang out with family(everyday) don't have a job yet. If I get one, it will take me away from the Teen Center and I don't want to do that.
4. Come to the Teen center to relax and do homework, play basketball, ride bike, don't watch a lot of TV, mostly read (mystery, adventure books) things that have a surprise ending.
5. Biking and listening to music. Will be working in the summer
6. Walk around read sometimes, just be alone.
7. I'm always here at the Teen Center, in karate class, or playing pool. During the summer I will be working at Funspot
8. Draw, bike, hang out with friends. Mostly biking. We get hassled by the cops for riding on the sidewalks (pedestrians) traffic, If you ride on the street you go too slow and get into trouble.
9. Be with my friends, go on the internet
10. Play basketball or listen to music – rock and metal mostly, Ozzy, Godsmack. Make CD mixes. I have a paper route but it only takes an hour or so. I still get to do the things I enjoy doing.

3. Do you feel valued (appreciated, listened to..) in your community?

1. Sometimes, I don't think there's very nice people around here so I'm limited to who I hang out with.
2. Yeah, but some older people think we are trouble makers. People may follow us around in stores thinking we are going to steal something. Some do, some don't, it depends who they are.
3. Yeah, I feel like everybody knows who I am, I was a male cheerleader. Community is school and outside of school. Budgets are discussed at school, the community talks about it. We may not be able to have a prom this year because the school budget is so low. Will be able to get through it thought, because community comes together and it works out.
4. Yeah
5. Yeah
6. Some places I do. Some stores think we are shop lifting. Sometimes it feels like they are watching us.
7. In the Teen Center, yeah I always feel appreciated. The adults act like kids. Heidi is awesome! She coaches baseball and basketball. She always listens. Some kids treat her bad.
8. Sometimes
9. 20 % of the time I feel valued. Because no one gives us a choice of what we're doing, at school and at home. But the Teen Center is a great place!
10. You don't have to be part of the community, it's your choice. (Valued?) No, not as teenager, most see us as troubled makers and hoodlums.

4. Do you think youth are valued in general (in society, nationally...?)

1. Yeah, they might look up to older kids, We wanna act better so younger kids look up to you. Want to be role models
2. Teachers respect us in school. Bosses respect youth. Those who make trouble for themselves aren't valued.
3. Yeah, I think so. Cuz it's always on the news how kids raise money for causes like Tsunami.
4. Some don't cuz they don't care for the community. Then most of them do because they want everyone to get along
5. Not really, others think we are not responsible or are immature
6. Yeah, different opinions ...
7. In school I think my friends are appreciated and I'm friends with half the high school. I have friends all over the country. Some friends mainly talk to people their age.
8. Not by everybody, but yes by younger kids
9. Yes
10. Yes because we are the future. If we are not taken care of, then our future is not taken care of.

5. What are your views (thoughts) on the elderly (senior citizens)? Do you think they are valued (appreciated) members of society?

1. They are really nice people, but some can be a little mean sometimes. (Why?) Cuz kids might be mean to them and they take it out on others.
 - a. Yeah, people look up to them. It give them a chance to look at how to be when they get older.
2. They're nice in the friendship club. Most elderly are nice.
 - a. Yes, because most places have places where the elderly can go. Such as Handicapped parking so they don't have to walk as far.
3. They are wiser, they're respected well. My mom takes care of them at the nursing home. They have a lot of good stories. Alzheimer's patients think they are somewhere they're not. It is sad, because one of them never remembers my mom's name. It is funny to watch them.
 - a. I don't know, don't want to say more or less than others. I fear becoming friends with adults because of kidnappings. I treat all the same.
4. Think community would be a big part for them because they can't get jobs because of retirement. People would give things or donate money to them if they need it. We raked and mowed lawns for them. Community is important to them.
 - a. Some don't because I hear it all the time. But they would be referring to how they drive, walk, and how they look. Its not nice because they are going thru a rough stage in their lives and we should respect them. I like to help them.
5. They're kind of like kids, we have to talk slow and you can't ask them to do a lot of physical stuff.
 - a. Not really, most think they're crazy and loosing their minds.
6. My grandmother comes to mind. I don't think they should have a license if over 75. Because they dive really slow and people pass them in no passing zones and get into car accidents.
 - a. Yeah a lot of people help them
7. People say they're grouchy and can't function. But they need to put themselves in their positions. It is harder to think, read, cant function, get stuck in nursing homes. I see their views; I've helped out in nursing homes. I've helped a blind woman, and a paralyzed woman, I had to help her walk.
 - a. Appreciate? Maybe not kids in school because all the elderly seem angry and grouchy. They view them all to be angry and grouchy.
8. Mom works at the nursing home. People there are nice and like to talk
 - a. Not often
9. They're not approved of because not many people go to see them. Once in an elderly home, no one goes to see them anymore.
 - a. Sometimes
10. They should be valued because they did a lot. My mom's boyfriends mom is really cool. She is elderly and she's in to wrestling.
 - a. People in nursing homes are just a way for people to be forgotten about. I would never want to be there.

6. What are your views on people with disabilities? Do you think they are valued (appreciated) members of society?

1. Think they can be pretty fun people, can make me laugh. One kid likes to swear a lot, that's how he greets people. He says F-you. They like doing stuff, help deliver papers at school. Newspapers. Laconia HS.
 - a. Some people don't like to work with them, some do. They are part of the community
2. I don't really talk to a lot of them because my lunch period at school is different. They all eat alone. I don't think that is right, its like separation from everyone else. They are just like everyone else, they just have disabilities. If they talk to us they get yelled at by those who are supposed to watch them. I have invited them to sit with us at lunch and its nice.
 - a. Most part, yeah, but sometimes people will go to the other side of the street when they see someone with a disability.
3. They are perfectly normal, I treat them the same as I would my other friends, except with more care and consideration. I know a couple of people with disabilities and used to live next door to someone. They are the same as us, but we don't know, because we cant tell and they cant tell us. They can't always verbalize.
 - a. Probably not, but I try to.
4. Sometimes I feel bad for them because they go thru life rough. If they don't have legs, sometimes they get picked on. I don't think that is right. If not born perfect, they will get made fun of and picked on. I'm friends with some people who have disabilities, I give them hi-5 and handshakes. They have hard time in school because their brain doesn't work and they get angry. They need good education.
 - a. Some do, some don't. Some like to just be bullies, others feel sorry and help them out. It is harder for people with disabilities to make friends.
5. They sometimes don't get the same attention as normal kids. People treat them differently in some cases.
 - a. Yeah
6. I don't have any problems with them. Sometimes they can be weird, but its not them it's the disease they have. It's not their fault.
 - a. I don't think they are valued especially by teenagers. They get made fun of.
7. If someone is talking about them right in front of them it's not cool. People that can't hear, cant hear you when you are walking down the hall. Colored blind... People with disabilities are a lot stronger because they can get through life with a disability.
 - a. Most are, if you recognize they want to be treated normally and it makes them feel better about themselves.
8. They're just like everybody else, just different
 - a. Most of the time, but are treated like they cant do anything on their own,. They can but just have to work harder than everybody else.
9. It depends on what their disability is, but I think they are normally cast out and no one listens to their thoughts.
 - a. no
10. They should be treated better and get what they need. No one should be without care if they have a disability. They are treated fairly unless someone thinks they are better than them.
 - a. Some people probably think they are useless.

7. What are your fears? What are you afraid of?

1. Taller people, people that do drugs...I hear about it in school.
2. Heights, spiders, and death, really big knives. Close relatives dieing. I've had a few die over the past few years.
3. Getting kidnapped, because I am so small. Getting bullied and beat up
4. I was afraid of heights and being picked on, but not any more. People have changed, I am afraid of bullies, they can be so mean and threaten and could try to kill. I see others getting bullied, and I don't always try to stop it because I'm afraid of getting threatened and followed.
5. Fire and heights

6. When I'm alone, walking to school, I feel like someone is following me. There are weird people in this area. Especially when I'm alone, cars honk at me, especially when it is older guys. I walk alone a lot, but now I have a friend who walks with me.
7. Death, getting set on fire because a friend of mine set his house on fire and his mom was almost caught in it. I fear for my family's safety
8. I used to be afraid of the dark. I get afraid of my family members getting hurt
9. Finding out that nothing is real, that this is all just an illusion (life you mean?) Yes. And my mom freaking out.
10. Being buried alive, suicide by others around me. My grandmother committed suicide. People around me dying. Getting close to someone and them dying. I'm glad my mom is young so she won't die for a while.

8. What brings you joy, excitement or motivation?

1. When I win, or do something that I like to do. Get good test grades, make good grades.
2. My friends, when I'm here at the Teen Center, and when people come in. School functions are fun. We need more community and group outings.
3. If I see someone do something that makes me say, "if I they can do it, I can do it." If they have the heart, why can't I. When someone looks up to me as a role model and tries to follow what I do.
4. Dancing. If we had dance clubs that kids could go to, it would be so awesome, but we only get them once a month. We want them every week because school can be so tough. Some kids want to come to the Teen Center to relax. Kids love flashing lights. Disco Balls..
5. Biking, swimming hanging out with friends, dances
6. Being around my family and not hearing bad things. I like being at the Weirs because there are things to do. Shopping
7. Looking forward to karate talking about my day, having someone to talk to. At Teen Center, I feel warm welcomes and get hugs. Motivated? ...my nephew, he is 3. If anything ever happened to him, I would flip.
8. My friends and family, my grandmother
9. Being with friends or getting a new CD. I like hard rock, Alice Cooper, Motley Crew, I'm trying to learn drums in band.
10. Music is ... oh man, I love music, music is my biggest motivator. I ride my bike faster when I hear a cool song. I listen to music when I'm really mad. I can calm down and concentrate. I have a guitar but I need lessons.

9. Do you have a role model (or someone you look up to)?

1. I look up to my cousin in Spain. My grandfather.
2. Not really. I am myself and I do what I like to do. I just be myself. (Mary Kate and Ashley have their own business and I admire them for being business women)
3. My brother, because he is pretty much on his own, living with my father. He's over 18. He works and goes to school. He never gives up.
4. I have a ton of them. My dad, I want to be like him. He was a professional chef I want to go to culinary college. Mom is a hard worker, even when she is sick, she goes to work. Some of my friends because they like to talk to others about how drugs and smoking is bad. Mature friends. Denise is a good role model. Heidi is great because she always listens. Listening is important.
5. My dad
6. My sisters, my dad.
7. Staff member, Jason. I love country music. Kenny Chesney, Alan Jackson and Tim McGraw, Matt DeJoes is a pool master. That's what I want to be when I grow up.
8. My father
9. My brother – he is 16
10. Johnny Knoxville from Jack Ass, Bam Margeria, Chris Rock

10. If you could give advice to adults about what is missing, or what you need, what would you say?

1. We need a better school. Our school is kind of crappy. Some of the rooms are small and we also need more stuff to do. Most stuff around here is for adults.

2. We need more places where kids can hang out. We go to the bridge and the police come and think we are going to jump off the bridge. Kids want underage clubs to go and dance and hang out. Under-aged clubs. Dances once each month would be good.
3. More love and affection. We hear about parents beating and murdering their kids. Why would you beat them if you loved them?
4. We need fun because so many of us are bored because we have nothing to do at home. Our parents are always working. We have small back yards. Parents wont let kids go to parks and stuff. We need an (Not Day care) area that parents can trust us to be safe. Laconia can be dull. The library is a good place, but sometimes we want to be loud and dance.
5. Need more respect and treat us like adults not infants.
6. Middle school is falling apart and is moving near the lake. Classrooms echo a lot. More fun places to go in walking distance. Downtown. Everything is in Concord or the Weirs.
7. In school district. Give them ideas to be a voice. All teachers say the new principle is open, but he doesn't listen. I wish we had a say in things so he couldn't just ban things. I wish kids could be treated more like adults. When you go to high school, you are becoming an adult and want to be treated like one. Not like a little kid. We need more communication between each other. In school, kids shouldn't be allowed to make negative / racial comments towards each other. The Teen Center should hire more people so we can get lessons for stuff like Music. Look for kids who can do things good and teach others.
8. Bike trails with maps so you don't get lost. Stop selling cigarettes because my dad has emphysema from smoking. He still smokes. Has tried to quit but he cant.
9. We need to be respected
10. What do kids need today? Not to be pressured in what the parents want. Not try to choose everything for the kids, like college let the kids choose.

11. If you were going thru a crisis, what resources are available to you? (To receive help)

1. My grandfather, he's always said if I need help I can come to him. My guidance counselor or Denise.
2. School guidance counselors, family and friends. Centers that are available. I mostly go to my parents and friends. People I am close to. People who care and who I can trust.
3. To my parents my mom. Kids used to tease me when I was a cheerleader and my mom would comfort me. I can go to her even when I feel like I'm going to get in trouble.
4. If not my family, I would come to Teen center or would call Denise. I would go to Heidi's house because she lives close by and is a good listener and understands what I'm going thru. Parents, my dad is a better listener because my mom is pretty tired from getting up early. She helps me too though. Like being picked on in school. .
5. My friends, teachers, guidance counselors and parents.
6. Red Cross, I live near the hospital and my mom works there. Police and fire station is in walking distance
7. I could go to any staff member at the Teen Center. Heidi, Denise, and Jason. Any adult here at the Teen Center. My mom is the best listener I ever met. My friends that are girls will call just to talk to my mom. Heidi is awesome! If someone was depressed they could come here and talk to the adults here and be perfectly fine.
8. Teen Center, my mother, my grandmother on my moms side
9. Books, my friends, and my brother.
10. Denise(MOM) Heidi, my mom, Carol

“Teen center, my life. Would rather come here than go anywhere else. It is so cool they are getting shorts fabric so we can sew our own shorts.”